

2010 Season



PLAYING RULES:

1) NO BODY CHECKING.

2) 1.5 minute shifts on a buzzer, all three players must exit the ice (which means: both skates of the last player leaving the ice, must be OFF the ice) before the 1st player of the next shift can take the ice. The coach MUST NOT open the door before the buzzer.

3) At the buzzer: Goalies must remain in their crease until the first player of the next line is on the ice.

4) Goalies (if they have the puck at the buzzer) must hold puck until the next line takes to the ice before playing it.

5) Players that play the puck intentionally after the buzzer will result in a penalty shot.

6) Players must enter and exit the ice through the door (no jumping over the boards).

7) No red line = No icing

8) Off side: Attacking players clear the attacking zone, possession to the defending team.

9) When goalie freezes the puck, attacking team must back off to allow the defending team to setup.

10) Goals scored: players leave the attacking zone allowing the defending team to re-group. (No face-off).

11) If Buzzer sounds immediately after a goal, there is a face off at centre ice.

12) Penalties become immediate penalty shots. Player lines up at centre ice ... rest of the players standing still at the blue line behind the shooter... full chase once whistle is blown. If goal is scored, rule # 9 is in effect.

13) Simultaneous penalties: 1st penalty shot, and then second, play continues after second penalty shot.

14) When a player gets hurt, and the help of the trainer is required on the ice, a face off will take place in the end zone of the injured player.

15) Major penalties result in ejection from game and OHF Minimum suspension list will apply. Multiple issues with same player results in ejection from league

16) If the score is tied at the end of regulation time, a simultaneous sudden death shoot out will take place.

17) ZERO tolerance on Harassment. Insults from bench results in immediate removal from bench. Insults from stands, game stops until parent leaves the arena.

18) Parents are to stay away from timekeeper box at all times.

19) HAVE FUN!!!!